Course: STA Level 3 Award in Adult and Paediatric Basic Life Support including AED

Qualification Overview

The chain of survival describes a sequence of steps that together maximise the chance of survival following cardiac arrest. Early recognition of a casualty having a cardiac arrest is essential along with calling the emergency medical services.

Cardiopulmonary resuscitation (CPR) must be started as soon as it is established a casualty is not breathing normally. When a defibrillator is used on a casualty within the first 3 – 5 minutes of suffering a cardiac arrest, it may improve the chances of survival by as much as 50 – 70%. The current survival rate of cardiac arrest victims who collapse outside of hospital in the UK is approximately 8%. This can be significantly improved if the chain of survival is implemented, and an AED is used promptly.

STA Award in Adult and Paediatric Basic Life Support including AED qualification provides learners with the knowledge and skills to be able to competently implement the chain of survival.

This qualification is regulated by Ofqual (England), Qualification Wales (Wales) and CCEA (Northern Ireland). This qualification is valid for a period of 3 years. The learner needs to retake the qualification before the certificate expiry date to remain qualified.

Qualification Delivery

The recommended contact hours for this qualification is 3.5 hours, which includes teaching and assessing but excludes breaks.

The course may be run over 1 day but can also be delivered over a maximum of a 2-week period, with the minimum of each training session being 1.5 hours.
The course must be delivered fully face-to-face.

The ratio for this qualification is a maximum of 12 learners to 1 tutor.

Qualification Objectives

STA Award in Adult and Paediatric Basic Life Support including AED qualification aims to provide learners with the knowledge and practical competences required to be able to deal with an unresponsive adult, child or infant.

Intended Audience

STA Award in Adult and Paediatric Basic Life Support including AED is suitable for learners who want to learn how to deal with an unresponsive adult, child or infant, including how to perform CPR and safely use an AED. This may be for specific responsibilities at work or in voluntary and community activities, or for personal interest and development.

Entry Requirements

- Be 14 years of age or older at time of assessment
- Be able to perform practical demonstrations on the floor

There are no previous qualifications or experience required, however it is advisable that learners have a minimum of level 1 in literacy and numeracy or equivalent.

Qualification Assessment

STA Award in Adult and Paediatric Basic Life Support including AED is tutor assessed through practical demonstrations.

All practical elements must be completed and performed independently by the learner without prompting by the tutor.

All learning outcomes and assessment criteria in the unit must be achieved in order for the learner to be deemed competent in order to pass the qualification.

Re-assessment
If a learner is unsuccessful in the course assessment, the learner is only required to re-sit the required assessment element, for example, if a learner fails the practical, they are only required to re-sit the practical element.

The re-sit of an assessment must be completed within 6 weeks from the failure date. Due to the type of qualification being a license to practice competency-based qualification, we can only permit 1 assessment re-sit.

Learning Materials

All learners will be provided with:

- STA Basic Life Support including AED resource manuals

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Costs

(Based on 3.5-hour course over one half day)

Number of Candidates	Cost per Candidate	Total Cost of Course
4	£110.78	£443.20
5	£91.65	£458.30
6	£78.89	£473.40
7	£69.78	£488.50
8	£62.94	£503.60
9	£57.63	£518.70
10	£53.37	£533.80
11	£49.90	£548.90
12	£47.00	£564.00

(Prices are valid until 31 December 2026)

Please note: These costs exclude any venue hire changes, course refreshments and accommodation costs if instructors are required to stay away during the course *(Beyond 50 miles from base)*. Please contact us further information if required.

Additional Information

Health and Safety Executive (HSE) strongly recommends that first aiders undertake annual refresher training during any three-year certification period. This will help learners maintain their skills and keep up-to-date with any changes to first aid procedures.

For Further Information and Course Bookings

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Email: Contact@consulthealthandsafety.com